

Sales, special events, and more from the people who make Biscayne Times possible



elcome back, snowbirds. And you, too, warblers, manatees, humans, and everyone else looking for warmth in the winter sun. The vultures are back, too. Nature's janitorial crew is here to help with ongoing Irma cleanup. Circling 'round and 'round until they see potential and try to grab it.

Sounds a lot like looking for parking in Wynwood this time of year, doesn't it? That's a small price to pay, and we can whittle it down further, with great deals and events.

Miami Art Week is December 4-10 this year. There's so much to do and see, we have to start planning our itinerary early. A good start is the **Superfine! Miami** art fair (56 NE 29th St.), which strives to bring connoisseurs together with affordable art from superb artists who don't yet command sky-high prices. Most of the works sell for under \$4000 (with some in the low hundreds) and are potentially better investments than the way more expensive whatzits at some of the other fairs. Visit superfine.world for tickets. The fair is open December 6-10.

Congratulations go out to the **Institute of Contemporary Art, Miami** (4040 NE 2nd Ave., 305-901-5272), which is holding a grand opening at its new 37,500-square-foot location, designed by Aranguren + Gallegos Arquitectos, just around the corner from its current location in the Moore Building. Although the big party takes place on December 1, there's one final event at the old space. On Tuesday, November 7, at 7:00 p.m., renowned local artist and sculptor Mark Handforth will discuss his recent works, including a piece commissioned for the new museum site. The lecture is free, as will be the opening-day festivities. Reserve an advance

ticket at icamiami.org.

Elsewhere in the Design District, more new things are happening. Over at Palm Court (140 NE 39th St.), new advertiser the **Miami Design District** will be presenting a Performance Series every Friday evening at 6:00 p.m. It kicks off Friday, November 10, with Emily Estefan, featuring Aston “Family Man” Barrett and Junior Marvin. That’s followed by performances from the Miami Symphony Orchestra, Celia Cruz All-Stars, Spam All-Stars, an Art Basel special, and a holiday concert featuring Shelly Berg. The entire series is
free

The **Knight Foundation** is giving everyone a treat to celebrate ten years of supporting the arts in Miami: a free night out at both the Pérez Art Museum Miami and the Phillip and Patricia Frost Museum of Science from 7:00 p.m. to 10:00 p.m. on December 4. The evening will include performances on the Knight Plaza. You have to RSVP at knightfoundation.org/arts-10.

A few blocks away at the **Adrienne Arsht Center** (1300 Biscayne Blvd., 305-949-6722), November’s calendar is nearly full with cultural treats, such as
Topdog/Underdog
and
The Book of Mormon

. On November 18, though, the Miami Book Fair International presents former Vice President Joe Biden. At press time, only Tier 3 tickets (\$36) were left, so buy yours yesterday!

Speaking of the **Miami Book Fair**. You may have noticed a little something extra in this month’s
Biscayne Times, a special edition of *Publisher’s Weekly* to
prime you for this wonderful festival of literature. Over 500 guests will be in attendance, and the street fair is always a hit, even with kids. It really is a world-class event, so visit
www.miamibookfair.com, and plan accordingly.

More music you say? If you are unfamiliar with local favorite Nu Deco Ensemble, get ready to be amazed. The mission of this chamber orchestra is to create genre-bending musical experiences by fusing new music with classical traditions, so you get to hear pieces from disparate modern composers all tied together flawlessly. Tickets for the 3:00 p.m. show on December 10 are only \$15 for general admission and \$25 for Blue Circle seating. A chorale will also be treating guests to holiday favorites in the foyer. It’s all a part of the **Saint Martha’s**

Yamaha Concert Series

(Broad Performing Arts Center at Barry University, 11300 NE 2nd Ave., 305-458-0111).

The **City of North Miami** (305-895-9840) is hosting three events in November: Veterans Day Ceremony and Family Day in the Park, the 43rd Annual Winternational Thanksgiving Day Parade, and the Light Up North Miami Christmas tree event. See their ad for details.

Love grand openings? New advertiser **Imperial Moto Café** (7299 NW 2nd Ave., 305-364-5083) invites *BT* readers for what's sure to be a high-octane party at this new café and retail outlet. Come out November 4, noon to 6:00 p.m., for a gathering of custom motorcycles, classic cars, and food trucks in a fun-packed day full of music, giveaways, retail pop-ups, and more. While you're there, check out the relaxing space where you can fill up on Panther Coffee or Spirit Tea before heading out, looking for adventure and whatever comes your way.

On Saturday, November 18, **Little Stars Dentistry** (660 NE 95th St., Suite 9, Miami Shores, 305-754-5081) is hosting its grand opening celebration and street fair. Come meet Dr. Luis J. Rodriguez and Dr. Marta Ortiz-Perez between noon and 6:00 p.m. There will be food, clowns, a bounce house, a raffle, and other kid-friendly fun. BizBuzz promises it won't be like pulling teeth.

Monsignor Edward Pace High School (15600 NW 32nd Ave., 305-623-PACE) alerted BizBuzz that its high school placement exam for the 2018-2019 school year is being held Saturday, December 2, at 8:00 a.m., and is required for incoming ninth-graders. In addition, the school's Mission Club is working on its annual Tons of Love Food Drive until November 16. Students compete to bring in the most pounds of donated items that will help feed local families. Call for more info on the food drive or the test.

The **Cushman School** (592 NE 60th St., 305-757-1966) was recently awarded the honor of full accreditation from the Southern Association of Independent Schools, the Florida Council of Independent Schools, the Southern Association of Colleges and Schools, and the Florida Kindergarten Council. The school was also commended in particular for its unique culture, always placing the students first, and for its ability to provide exceptional age-appropriate academics in all divisions. Way to go! Learn more at the next high school (4700 Biscayne Blvd.) open house on Saturday, November 8, at 9:00 a.m.

Fortunately, you don't need to live in a particular "school district" to attend Cushman or Pace, but you do need to live somewhere! Call **Marcy Kaplan and Lori Brandt** (786-543-5755 or 786-553-1962) and their Gimme Shelter team at Keller Williams (700 NE 90th St.) to help you find that cool home you've always wanted. Over the past 15 years, Marcy and Lori have built an astounding record in the Upper Eastside, where they live. It's easier to work with what you intimately know, right? But it's also easier to sell when you provide top-notch service.

Many schoolkids (and adults) are clamoring for relief from their pimples, but sometimes the old standard, benzoyl peroxide, just isn't enough. Returning advertiser **Horwitz Dermatology** (2999 NE 191st St., Aventura, 305-933-1151) is participating in an investigational study of a topical foam that could erase even a severe case of acne. Eligible patients receive drugs and related care at no cost. See their ad for a list of qualifications.

BizBuzz welcomes back **Hialeah Park Racing & Casino** (100 E. 32nd St., Hialeah, 305-885-8000) and its exciting winter schedule. Just this month, Danay Suarez; Lucy Grau; Jose Fajardo, Jr. and Tito Puente, Jr.; and the Habana Boys all perform at the Fountain Terrace. There's also a car and truck show, and a Jack Daniels barbecue and beats event, which includes a barbecue eating contest and all-day DJ. BBQ and DJ together? That sounds like a great way to control portions: once you can't move your hips, your belly has had enough! Admission is free.

Perhaps a more salubrious approach to eating may be found at one of our local farmers markets. Returning advertiser **The Market Company** (305-531-0038 for vendor info) lets BizBuzz readers know that organizer Claire Tomlin just launched a new market at Miami Shores Village Optimist Park (9301 NE 2nd Ave.) The market is open from noon to 4:00 p.m. every Sunday and features more than two dozen vendors selling a variety of products. On Claire's Market Mondays at the Adrienne Arsht Center (1300 Biscayne Blvd.), you'll get the added bonuses of Chef Allen's Farm to Table Dinners at Books & Books, Vietnamese cuisine, Nisha's Indian cuisine, and an ArtBazaar that features crafts from Guatemala and Maine.

If you do reach critical saturation levels at the barbecue, or the farmers market, or at Thanksgiving, or at any of the many food-focused events this season, **Medi-Station Urgent Care Center** (9600 NE 2nd Ave., 305-603-7650) is ready to assist you in resuming your normal digestive function. While you're there, get up to date with your flu and other vaccines.

Or maybe, just maybe, that tightening sensation in your torso isn't heartburn or a coronary. It could be an allergic reaction. A constricted airway can close up entirely if you have a severe sensitivity to certain foods. And with the added stress of the holidays, your body's ability to handle mild allergies could be overtaxed. Call the **Florida Center for Allergy & Asthma Care** (1-877-4-ALLERGY) to schedule an appointment to discuss your reactions and how to deal with them effectively.

If the holidays have you so stressed that you need to see a physician to bring your blood pressure down, try **Marijuana Doctor** (786-577-0006), which has several locations around Miami. Physicians at the clinic know that marijuana can help patients with anxiety, as well as cancer, epilepsy, glaucoma, migraines, multiple sclerosis, neuropathy, and other conditions. And here's a great deal just for vets! In honor of Veterans Day, patients with military ID receive 50 percent off through November 15.

On the other hand, if you fear the munchies, call **Jackson North Medical Center** (160 NW 170th St., 305-585-TRIM) to attend a free weight-loss seminar at 6:30 p.m. on Thursday, November 9. Obesity is a medical condition that needs a doctor's care. Don't wait another month to be free of this ailment.

Prevention is the best medicine for lung cancer, but that's not always possible, as some cancers have a familial component. If you think you may be at risk, sign up for a free seminar hosted by **Mount Sinai Medical Center** (305-674-2626) at the Miami Springs Senior Center (343 Payne Dr.) and led by Dr. Estelamari Rodriguez, medical director of thoracic oncology. The lecture takes place on Thursday, November 9, from noon to 2:00 p.m., and it could save your life.

One thing you don't want to prevent is a financially sound retirement. They say that if you keep your nest egg in a simple bank account, you're losing money. Now find out what David Treece at **Treece Financial Group** (9999 NE 2nd Ave., Suite 203, Miami Shores, 305-751-8855) has to say about your situation and how the company can improve it. Treece provides more than just cursory investment advice; staff are trained in a holistic range of solutions, from retirement accounts to elder guardianship, trusts, portfolio reviews, wills, and a lot more.

Want to wrap up a tough year with a little bit of justice? If you feel you've been harmed by a poorly run business, call Isaac C. Spragg at **Spragg Law Firm** (7300 Biscayne Blvd, Suite 200, 786-773-1502) to see what he can do for you. He specializes in personal injury and consumer

law, and will fight for the compensation you merit.

She can't be sued, but Hurricane Irma roughed up some parts of Miami more than others, and **Morningside Watersports**

at Morningside Park (5215 NE 7th Ave., 786-587-6149) took some of the worst of it. Give them a helping hand (and yourself a delight in this fabulous "winter" weather) by taking a tour or renting one of their kayaks or paddleboards for a few hours. Let's be neighbors helping neighbors.

Whether you are primping your palace for the endless parade of winter guests or still in hurricane recovery mode, make **Farrey's Lighting and Bath** (1850 NE 146th St., 305-947-5451) the bright spot on this month's calendar. The seemingly endless array of lighting solutions for your home, inside or out, are matched by Farrey's competitive pricing. Top that with the annual fall sale, and you've got yourself a winning combination.

If you are a small business that needs an economical shop for your flyers, postcards, stickers, posters, newsletters, and many other printing jobs, contact returning advertiser **ClubFlyers.com**

(800-433-9298) for an estimate. When you do, remember to use promo code "Biscayne" to earn an extra 20 percent off your order.

And don't forget to vote. Inform yourself on the issues by reading the ads in this month's *Biscayne Times*

Feedback: letters@biscaynetimes.com